



ART SUBMISSION

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Research shows that air pollution has several adverse health effects [1]. For instance, a type of pollution called particulate matter (PM) affects the respiratory system and can exacerbate illnesses such as Chronic Obstructive Pulmonary Disease (COPD), bronchitis, asthma, and also contribute to the development of lung cancer [1]. The cardiovascular system is also affected with the exacerbation of ischemic heart disease, stroke, congestive heart failure, etc. [2]. There is also research to support that heavy air pollution exposure is linked with the development of perinatal disorders such as depression, and increased infant mortality [1, 3]. It is thus very important to increase awareness of these health impacts, and inspire system change to reduce pollution levels. This painting titled "Clean Air" shows the beautiful natural landscape of Alaska, which is host to low air pollution levels. Its beauty symbolizes the benefits of reducing air pollution levels, which can improve the quality of life for many.

References

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