# **AMYOTROPHIC LATER** SCLEROSIS (ALS)

ALS is a fatal, neurodegenerative disease<sup>1</sup>

"a" = no "myo" = muscle

It is also known as Lou Gehrig's Disease or motor neuron disease1

ALS deteriorates the motor neurons in the brain and spinal cord.2

People with ALS often lose the ability to function, speak, swallow and breathe.3

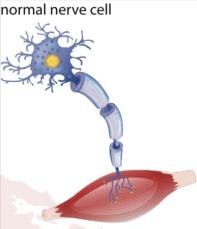
ALS strikes women and men of all ages and is not commonly found in specific racial, ethnic or socioeconomic boundaries.4

"trophic" = nourishment4

"lateral" is the area of the spine where brain tells the muscles what to do4

•"sclerosis" is hardening, as the disease progresses, the lateral areas harden and the signals stop4

Figure 1: deteriorated nerve and muscles in ALS 5



muscle contracts



muscle unable to contract

**FACTS** 



5000+

people are diagnosed each year 6



2-5 years

average life expectancy 6



#### Progressive loss of muscle control<sup>1</sup>

- ALS Gradually prohibits the ability to
  - Speak<sup>1</sup>

Walk<sup>1</sup>

- Grasp objects<sup>1</sup>
- Swallow<sup>1</sup>
- Move<sup>1</sup>
- Breathe<sup>1</sup>



War veterans are 2x likely to get ALS 3

## **Diagnosis**

#### ALS is difficult to diagnose

 ALS is often diagnosed by ruling out other diseases, which can take months or years.



10%+

of cases are familial (inherited through mutated genes) 7

are sporadic (occurs

randomly) 7



## **Treatment**

Only drugs

are approved by the U.S. FDA to treat ALS. This includes:

- Riluzole<sup>2</sup>
- Nuedexta<sup>4</sup>
- Radicava<sup>2</sup>
- Tiglutik<sup>3</sup>

### Current Research:

- · Combination therapy: Sodium phenylbutyrate and taurursodiol
  - has reduced neuron degeneration in the clinical trial<sup>8</sup>
  - expected to improve life expectancy and patient outcomes<sup>8</sup>
- Mastinib drug
  - still in works as an add-on therapy to Riluzole<sup>9</sup>
  - expected to improve functionality and life expectancy



There is NO CURE for ALS<sup>2</sup>