

# HAVE YOU BEEN “MEDUCATED”?

See how well you have retained the information from the articles in this issue. Some of these questions (1 and 2) are based on facts but others (3 and 4) will require the application of what you now know (take a medicated guess!). Answer the questions and email them to [medcontest@learnlink.mcmaster.ca](mailto:medcontest@learnlink.mcmaster.ca) by March 1<sup>st</sup>. The individual with the highest score will win a prize!

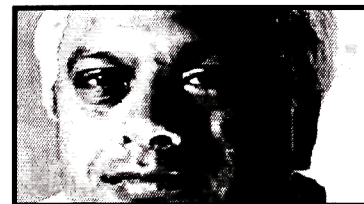
## The ABCs of Atkins Based Carbohydrate-Reduction as a Treatment for Obesity:

- 1) Name three health consequences of obesity.
- 2) How do the Atkins and AHA diets differ?
- 3) Why would a Ketogenic Diet aid children suffering from seizures?
- 4) Other than suppression of appetite, what are some other effects of Ketone bodies in the blood?



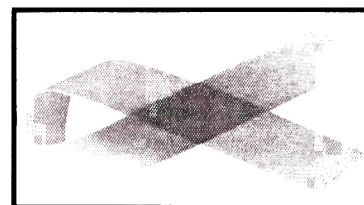
## Providing HOPE in the Campaign Against Cardiovascular Morbidity and Mortality:

- 1) What is an ACE-Inhibitor?
- 2) What was the purpose of the HOPE study?
- 3) What effects do ACE-Inhibitors have on blood pressure?
- 4) What is the 'conundrum' of the HOPE study results?



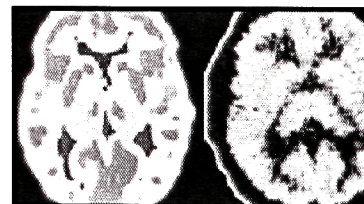
## AIDS Stigma in North America:

- 1) What are the three main reasons for the persistence of AIDS stigma?
- 2) What was the original name for AIDS?
- 3) What makes AIDS different from other infectious diseases?
- 4) How does the fundamental attribution error explain the persistence of AIDS stigma?



## “Kindling”: Origin of Epilepsy? :

- 1) What distinguishes reflex seizures from spontaneous ones?
- 2) Why would “kindling” foreshadow a seizure?
- 3) Aside from HWE, name three examples of reflex seizures and briefly describe the stimulus involved.
- 4) What would cause patients to be resistant to antiepileptic drugs?



## Call For Article Submissions: Issue 6

The McMaster Meducator is currently accepting article submissions for Issue 6 (released in April 2005). Articles (1000–2500 words) about medical research, health ethics or health policy are welcome. Detailed article guidelines may be found on our website [www.meducator.org](http://www.meducator.org). Articles must be submitted by early March. Writing for the McMaster Meducator combines exploration of medical research and health ethics with the excitement and prestige of publishing work for the McMaster community to read. The opportunity is ideal for those considering a future in medical research, health ethics, or any profession within the health care field. The McMaster Meducator provides quality educational feedback through post-graduate editing of selected articles. If you are interested in writing or wish to submit your article, please e-mail us at: [medwriter@learnlink.mcmaster.ca](mailto:medwriter@learnlink.mcmaster.ca) .