
McMaster Undergraduate Journal of Social Psychology Issue 1

ISSN 2563-4763

Address

Kenneth Taylor Hall, Room 212
Social Psychology Program
1280 Main Street West
Hamilton, Ontario L8S 4L8

Email

mujsp@mcmaster.ca

Website

<https://journals.mcmaster.ca/mujsp>

About Us

The McMaster Undergraduate Journal of Social Psychology is a student-run organization that was founded in 2019 by Namyia Tandon, a fourth-year undergraduate student in the Honours Social Psychology Program. Dr. Sarah Clancy serves as the faculty advisor for the journal. She supervises the capstone research projects that Social Psychology students complete during their final year of the program. The MUJSP aims to recognize the academic excellence of final year Social Psychology students by providing them with the opportunity to have their own work published in a journal.

Copyright Notice

Students are required to obtain legal permission to submit anything that is not their own work, including but not limited to graphics, images, tables. The faculty advisor, Honours Social Psychology Program faculty and staff, editorial board and McMaster Undergraduate Journal of Social Psychology bear no responsibility for obtaining copyright or infringement of said copyright. Authors (all group members) will maintain the copyright to their paper – it will not be given to the journal.

Acknowledgments

The MUJSP team would like to convey our deep appreciation to all who contributed to the launch of this inaugural issue. This includes all the faculty and staff members involved, as well as the authors of the featured articles, for their significant efforts and unstinted perseverance.

Jordan Graber, our Graphic Designer, created our cover art using the platform “Canva” and we would like to accord it due credit.



Table of Contents

Faculty Foreword	4
Letter from the Editor	7
Featured Articles	
A First Year to Write Home About: A Quantitative Study of First Year Housing Environment and First Year University Experience <i>Julia Bilanzola, Josina Bouwman, Erika Keys, Emma Owen, Makayla Roth, and Aisha Syed</i>	9
A Qualitative Study of Self-Validation among First-Year Undergraduate Students in STEM and Arts Programs <i>Ranuli De Silva, Tessa Hinkel, Alysha McDonald, Emily Pooran, Taylor Smiley, and Namya Tandon</i>	51
Varsity Student-Athletes Perspectives on Accessing Social Support Resources at McMaster University <i>Rose Adusei, Shanya Aguilar-Andrade, Karmen Chazi, Tiah Di Benedetto, and Elias Srouji</i>	119

Editorial Team

Faculty Advisor

Dr. Sarah Clancy

Assistant Editor

Ranuli De Silva

Editor-in-Chief

Namya Tandon

Graphic Designer

Jordan Graber

