

The spread of a new virus has caused a worldwide effort to combat the COVID-19 pandemic. Humans, however, have experienced many viral outbreaks in the past. Historical data can help inform current analyses and decisions. Thus, this infographic compares COVID-19 with past pandemics and outbreaks to showcase similarities and differences. This can allow for a better understanding of COVID-19 in the context of past events and the changing perspectives over the past century.

# COVID-19 vs. History's Pandemics

## TOTAL DEATHS COMPARED

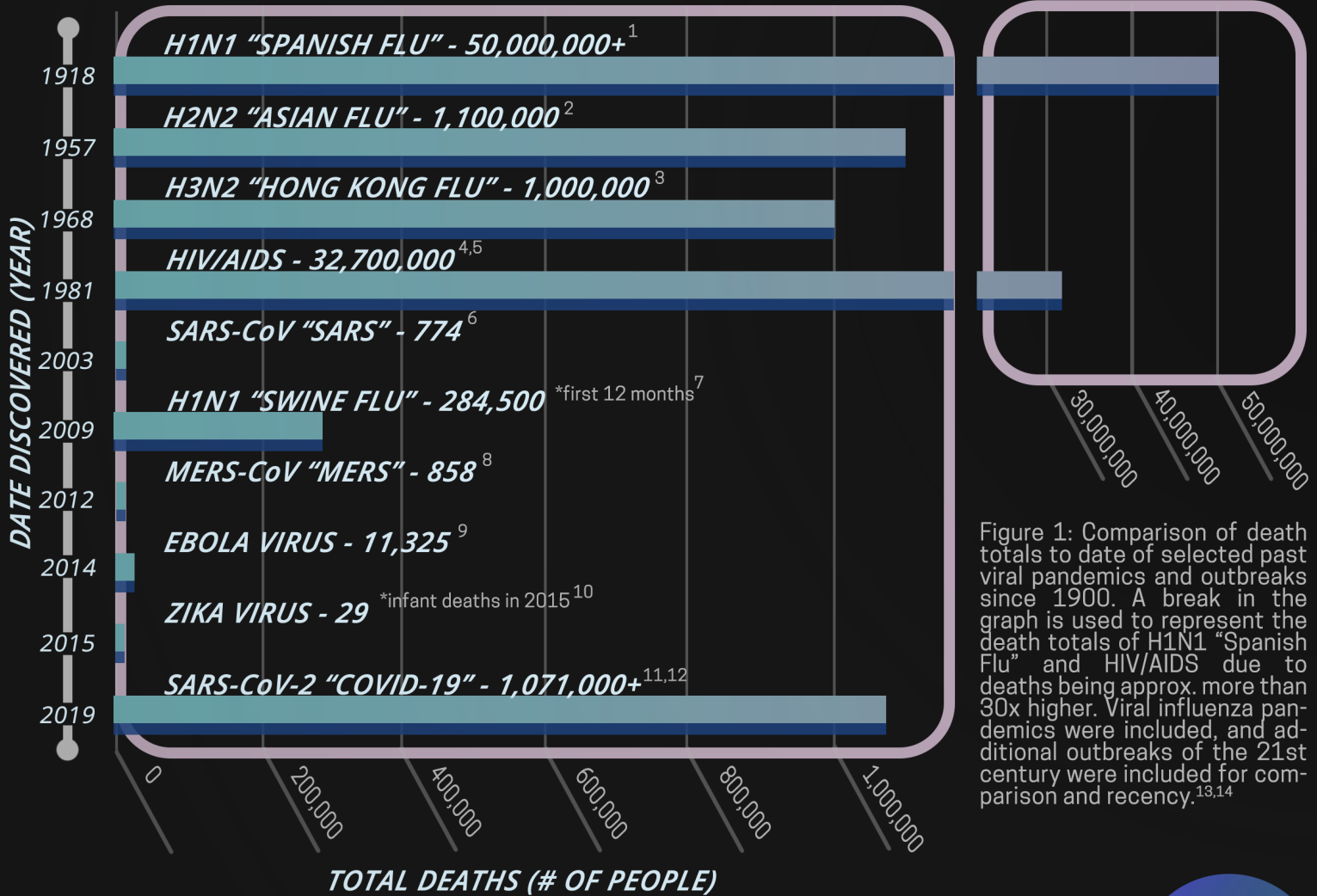


Figure 1: Comparison of death totals to date of selected past viral pandemics and outbreaks since 1900. A break in the graph is used to represent the death totals of H1N1 "Spanish Flu" and HIV/AIDS due to deaths being approx. more than 30x higher. Viral influenza pandemics were included, and additional outbreaks of the 21st century were included for comparison and recency.<sup>13,14</sup>

## ESTIMATION OF CONTAGIOUSNESS

The Basic Reproductive Ratio ( $R_0$ ) is a value used to represent the number of secondary cases that would be caused by one infected person in a susceptible population.<sup>15</sup>  $R_0$  can vary and depends on many variables such as human activity, seasonal factors, the pathogen, and modeling assumptions. When used correctly, it is a crucial epidemiological estimation of the contagiousness of a disease.<sup>15</sup>

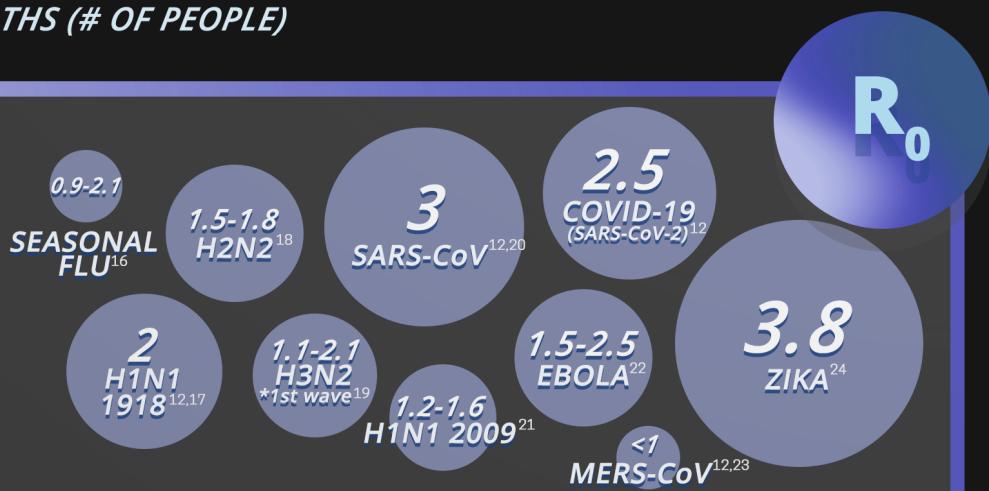


Figure 2: The Basic Reproductive Ratio ( $R_0$ ) of viral outbreaks were represented using circle sizes proportional to their values. Values were pulled from literature and rounded, but may vary by study.

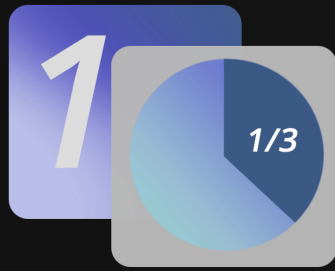
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# RESPONSES & PERCEPTIONS

Advancements in technology, globalization, and changing news perceptions have influenced pandemic management over the years.<sup>25</sup> Since 1918, these changing factors have shifted the way outbreaks are responded to and perceived.



## H1N1 "SPANISH FLU"

The Spanish Flu infected one-third of the world's population, with its spread heightened by the war.<sup>1,26</sup> Despite the isolation and hygiene measures that were put in place, the lack of vaccines and antibiotics led to an inevitably disastrous outcome.<sup>1</sup> Nonetheless, it sparked increasing research on influenza.<sup>26</sup>

## THE MID-1900s AND ADVANCEMENTS

Viruses were discovered and isolated from people in the 1930s.<sup>27</sup> By the second half of the 20th century, the World Health Organization played a major role in the surveillance of disease, presenting itself as a reliable source of pandemic information.<sup>26</sup> By this time, vaccinations for influenza were widely accepted.<sup>26</sup>

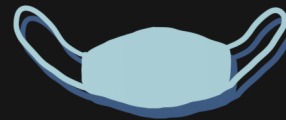


## 21ST CENTURY OUTBREAKS AND CONSIDERATIONS

By the 21st century, politics became heavily involved in preparedness as pandemics were sometimes treated as a "security threat".<sup>26(p.96)</sup> Additionally, SARS, H1N1, Ebola, and ZIKA brought a focus on mental health, balancing preparedness and panic, quickly containing outbreaks, and critically evaluating information on social media.<sup>10,28</sup>



# 1918 TO 2019 SIMILARITIES:



use of masks<sup>29,30</sup>

importance of quick response and containment<sup>29</sup>



isolation methods to try and lessen spread<sup>29</sup>

# DIFFERENCES:

social distancing seems to be more effective in 2019 than in 1918<sup>29,31</sup>



quick identification of SARS-CoV-2 compared to confusion in identifying H1N1<sup>27,32,33</sup>

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